

TRANSFER MAP

for Central Maine Community College students completing the Associate in Science in
 Exercise Science
 Science in Exercise Science

CMCC AS in Exercise Science

Subjects represented in italics are not taken at CMCC, the sequence represented in the remaining
 USM Degree Requirements can be observed. For coursework to transfer, a grade of C or better is required.

CMCC AS in Exercise General Education Requirements			University of Southern Maine Equivalencies		
Course	Title	Credits	Course	Title	Credits
ENG 100 OR ENG 105	College Writing OR College Writing Seminar	3 t4	ENG 100	College Writing (WRI 1 Core Requirement)	3 t4
	ENG Elective ENG 221 Advanced Composition and Research	3	ENG 102	Academic Writing (WRI 2 Core Requirement)	3

MAT 122

*CMCCAS in Exercise Science Major Requirements			USM Equivalencies		
Course	Title	Credits	Course	Title	Credits
PHF110	Exercise Science, Athletic Training & Physical Fitness Seminar	1	PHE 1XX	Physical Education Elective	1
PHF 155	Introduction to Exercise Science	4~	GEL 1XX	General Elective	4
PHF 122	Kinesiology	3	PHE 1XX	Physical Education Elective	3
PHF 204*	Nutrition for Human Performance	3**	SPM 352	Nutrition for Physical Performance	3
PHF 208**	Exercise Test and Prescription	4**	SPM 219	Lifetime Physical Fitness and W3n BT /F7 Tf 1 0 0 1 379.03	

