

AROUND  
CAMPUS

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**COMMUNITY  
SUPPORTING STUDENTS**

*2019 Chip Morrison Scholarship  
Scramble a S ccess*

**CASCO BAY BLUEFIN  
BONANZA**

*Maine Traditions: Fishing & Helping One  
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TRIO Student Support Services

## ALFOND GRANT FUNDS FREE COMPUTER TRAINING & CERTIFICATIONS AT CMCC FOR THE COMMUNITY

 The Center for Workforce & Professional Development at Central Maine Community College is pleased to offer free computer training through generous funding from the Harold Alfond Foundation. Students who participate and complete this program can earn two internationally recognized certifications: MTA Windows 10 and CompTIA's IT Fundamentals+. This 80-hour training will help students learn valuable foundational computer skills and provide them the training resources to sit for the certification exams.

Students should have an interest in a computer career; have the ability to attend class eight hours per week; have access to the Internet and be able to do online homework for approximately ten hours per week; and agree to share any employment outcomes within 30-60 days of the course ending. There may be other opportunities for learners to continue for more advanced IT certifications upon completion of this training program.


The three cohort start/end dates are:

- October 31 – January 28 (Daytime Classes)
- February 7 – April 14 (PM Classes)
- April 21 – June 25 (PM Classes)

Michelle Hawley, dean of workforce and professional development is looking forward to helping connect participants with careers. "We will also hold a reverse job fair at the end of the program to link completers to IT-related positions with local employers.," says Hawley.

For more information or to register, please contact CMCC's Center for Workforce & Professional Development at 207-755-5280, email [workforcedevelopment@cmcc.edu](mailto:workforcedevelopment@cmcc.edu) or visit [www.cmcc.edu/professionalddevelopment](http://www.cmcc.edu/professionalddevelopment).

## NEW THREE-SPORT ATHLETIC COMPLEX & PLUMBING & HEATING/HVAC TECHNOLOGY LAB NEARING COMPLETION

 Workers are putting the final touches on CMCC's new synthetic turf athletic fields. The fully-lit complex includes NCAA-sized competition fields for baseball, softball, and soccer.

Unless the remnants of Hurricane Dorian wreak havoc, the first games on the complex will be played on Saturday! The Mustang softball team will take on NHTI in a doubleheader at 11:00 a.m. and 1:00 p.m. The women's and men's soccer teams will play Vermont Tech at 5:00 p.m. and 7:00 p.m. respectively. Please join us for these historic events!

Work continues to progress very nicely on the lab for our new programs in Plumbing and Heating Technology and HVAC/R (Heating, Ventilation, Air Conditioning and Refrigeration). Located in the former Criminal Justice lab (which relocated to Room J409), the lab includes the addition of a second floor and mock-up workstations and advanced simulators that provide students with a lab environment that mirrors workplace situations.

**RICHARD T. GRIFFIN**

Dean of Finance and General Services

Rick comes to us from the University of California, Merced Campus, where he was the director of operating budgets and academic planning. He earned a BS degree from USM and a master's degree from Husson University.

**CHRIS DYMKOSKI**

Associate Dean of Finance

Originally from Monroe, CT, Chris now lives in Lewiston. He comes to CMCC from Conform Gissling International where he was a senior accountant. He earned a bachelor's degree from Bethany College and his M.B.A. from Southern New Hampshire University.



**MARC GILBERT**

Department Chair: Plumbing & Heating Technology & HVAC/R

Marc brought his many years of experience to CMCC in working to develop these new programs and guiding the construction of the new lab. Marc has worked in the industry since 1987, has owned his own business, and earned a bachelor's degree from USM.

**STEVE GRAY**

HVAC/R Technology Instructor

After 26 years at L.L. Bean as an HVAC Technician III in the Facilities Department, Steve is fulfilling a life-long goal of training the next generation in heating, ventilation, air conditioning, and refrigeration. He studied HVAC/R at SMCC.

**TRAVIS BROWN**

Electromechanical Technology Instructor

Travis, a Master Electrician among many other licenses and certifications, has over 18 years of experience in the electrical field, including many years in power plant and wind energy. Travis holds associate degrees in Electrical Construction/

# EXPLORING THE Medieval Cultures OF THE IRISH SEA AND NORTH SEA

BY Ethel Bowden

☞ This spring *The Medieval Cultures of the Irish Sea and the North Sea* was published by Amsterdam University Press as the culmination of scholarly research conducted through a grant from the National Endowment for the Humanities (NEH). My contribution, “Kohlberg Explains Cú Chulainn: Developing Moral Judgment from Bully to Boy Wonder to Brave Warrior” reflects my interest in the intersection of literature, psychology, and education. I am grateful for support from CMCC and NEH.

In April of 2015, I was selected to participate in a five-week NEH seminar called “The Irish Sea Cultural Province”.

In June, I joined 15 other scholars from across the nation to begin a life-changing experience in academia. For the first week, we lived in the dorms of Queen’s University, Stranmillis College in Belfast, Northern Ireland. Our esteemed mentors and other experts in language, history, literature, and culture provided daily lectures. (On a day off, I took the “Game of Thrones” tour and saw many of the sites used for the TV series.) My knowledge of ancient Irish literature was limited, yet I was intrigued by the saga Táin Bó Cúailnge (Cattle Raid of Cooley). We took a field trip to Emain Macha (Navan Fort in Armagh) reported to be the home of the Tain’s hero: Cú Chulainn. I had

been rereading a section of the saga, “The Boyhood Deeds”, and easily imagined a young boy growing up surrounded by the beautiful countryside.

After two weeks in Belfast, we took the short flight to the Isle of Man, located in the center of the Irish Sea. Every morning at the Manx Museum, we heard lectures by experts including Sir D.M. Wilson, former director of the British Museum. We spent a week exploring archeological sites and museums, including the church yard in Maughold which has the largest

headed for Scotland and the University of Glasgow. This university was founded in 1451! The buildings must have served as the model for Hogwarts School of Wizardry, and I was in awe of the campus! We listened to lectures on Sir Gawain and the Green Knight and Beowulf. We took a field trip to the National Library of Scotland in Edinburgh where we were given access to ancient manuscripts and rare books. We finished our seminar with a dinner at the Royal Overseas League on Princes Street.

collection of Celtic crosses, dated from the 6th—13th century. By this time, our leaders encouraged us to identify a research topic for our final presentation. Because I’ve taught writing at CMCC since 1988, I have witnessed the panic that a writing assignment can create – and I was terrified! But Dr. Nagy encouraged me to think about the courses I taught and how I could use the literature we were studying.

I enjoy teaching Children’s Literature and always focus on the responsibility of sharing values with children. We discuss the behavior of heroes and bullies; we examine qualities valued by our culture. Cú Chulainn’s childhood deeds are inserted into the narrative of his heroic defense of his countrymen. I wondered if his exploits could reveal the process of developing of his moral judgement.

Meanwhile, we left the Isle of Man by ferry and arrived in England. We hopped on a bus and

By this time, I had formulated a research question: In this age of comic-book superheroes, how can classroom teachers explore the process of learning right from wrong using a ‘new’ hero? The answer was to analyze Cú Chulainn’s actions as a child using psychologist Lawrence Kohlberg’s stages moral development. Over the next two years, Dr. Nagy worked with me to write my chapter of our book. I am thrilled that the interdisciplinary NEH seminar has been preserved in each chapter. I hope you have a chance to read the book and glimpse the amazing medieval culture that existed in the Irish Sea Province.

Cover: Peel Castle Isle of Man; Above right to left: Ethel Bowden heading to Glasgow University for class, Ethel and classmates dressed as the Members of the Night Watch on the Game of Thrones tour; the historic pictish stones and celtic crosses of Maughold Church. All photos contributed by Ethel Bowden.

*Ethel is an instructor and chair of the Humanities department at CMCC. She holds a B.A. from Colby College and a M.S. from the University of Southern Maine.*



## CMCC ALUM COMPETES IN MRS. AMERICA PAGEANT

By Allison Tribou



I started at CMCC by attending one summer writing class. This class was necessary in order to earn the credits I needed to graduate high school after the small private school I was attending

announced its closing in 2004. As a 2007 graduate of CMCC, attribute a large part of my success to the school that took me from a young high school graduate to a hard-working business woman. I am currently working full-time as a quality assurance analyst for Liberty Mutual Insurance and I am also the events coordinator for my husband's local business, Saylorink Tattoo in Augusta. I am the proud mom of two beautiful daughters. CMCC was an integral part of the formation of love for community and education in my life. As Mrs. Maine America 2019, my platform has been to bring awareness to the foster care system, and to help meet the needs of those children and the families that care for them. I have teamed up with wonderful organizations such as Project Sparrow. I hope that I can influence young people to pursue education and involvement in their communities. I hope I can be an example of hard work and confidence to young women and men. Mustang proud!

Above: Allison Tribou; photo by Tess Johnson Photography.

## 2019 PROMISE SCHOLAR ANNOUNCED



Congratulations to Kate McPherson, selected as a 2019 Coca-Cola "Leaders of Promise Scholar" and winner of a \$1,000 scholarship.

The Leaders of Promise Scholarship, sponsored by the Coca-Cola Scholars

Foundation, recognizes 200 Phi Theta Kappa members with awards totaling \$200,000. Twenty-five of these scholarships are earmarked for Society members who are active personnel or veterans of the U.S. Military.


This year's recipients were selected by a panel of independent judges from nearly 900 applicants. Coca-Cola Leaders of Promise Scholars are selected based on outstanding academic achievement and demonstrated leadership potential.

Kate is a second-year student in the Computer Technology program. She has earned President's Honors in three semesters and currently serves as president of the CMCC Chapter (Alpha Phi Xi) of the Phi Theta Kappa International Honor Society.

The Leaders of Promise Scholarship Program was launched in 2001 to assist new Phi Theta Kappa members in obtaining an associate degree and encourage participation in Society programs. Today, the Coca-Cola Leaders of Promise Scholarship is more relevant than ever as our organization, colleges and communities actively encourage the completion of a college credential, an associate degree or certificate among college students.



## 2019 PROMISE SCHOLAR ANNOUNCED



Derek Kuusela of Gorham, a student in the Automotive Technology Ford ASSET program at CMCC, is one of seven Maine community college students who were awarded scholarships in honor of Leon A. Gorman at a ceremony held recently at L.L.Bean's Corporate Headquarters in Freeport.

The Leon A. Gorman Endowed Scholarship was established in 2014 by the children of Leon and Lisa Gorman in honor of Mr. Gorman's 80th birthday. The scholarship supports Maine community college students who demonstrate strong academic achievement, financial need, and a commitment to community service, a hallmark of the scholarship's namesake.

"My father was proud to support Maine's community colleges and its hardworking students. He would have been honored to be associated with these outstanding recipients, their educational aspirations and their dedication to their families and communities," said Jennifer Wilson on behalf of her family.

## CMCC NURSING 4.5 rate and 0 perce Tj/T11 1 vccor 55g mela

According to 'Nursing Explorer,' the CMCC nursing program is placed number one for "best value" out of 12 programs in Maine.

Nursing Explorer gathers information every year about nursing schools from different government organizations and makes it available to students as a searchable database.

This year, they gathered data and ranked 1,721 schools across 45 states. Their ranking formula gives a 70 percent weight to NCLEX pass rate and 30 percent weight to net price. The NCLEX (National Council Licensure Examination) is a nationwide examination for the licensing of nurses.

The result of the calculation is a score between 1 and 100 that reflects the quality of education offered and affordability. If a nursing program has a high NCLEX pass rate and low tuition (or provides a sizeable financial aid), then its ranks will be high.

You can read more about the Nursing Explore ranking methodology here: [www.nursingexplorer.com/methodology](http://www.nursingexplorer.com/methodology) You can find the complete list of nursing schools along with their rankings on this page: [www.nursingexplorer.com/states/maine](http://www.nursingexplorer.com/states/maine).

